



## Case Study – Older People Respite

Mrs A is an 85 year old woman who lives with her daughter and her daughter's family, Ms B (Mrs A daughter) has two teenage children who live with them. Mrs A requires assistance to during the night for toileting and to ensure that she is comfortable and safe in and out of bed.

Ms B found it difficult to maintain her own quality of life when she was up seven nights a week with her mother Mrs A. It was important to Ms B that anyone who was looking after her mother treated her with dignity and would care for Mrs A in the same way she would.

Allied Healthcare worked with Ms B in identifying a suitable Care Worker that would be a good personal fit with her mother and would provide 3 night waking respite care to ensure both hers and her mothers needs were being met. This respite care enabled Ms B to maintain her quality of life which included spending quality time with her two teenage children.