



Case Study – Cerebral Palsy

Allied Healthcare look after a Miss L a 19-year-old female with Cerebral Palsy has a tracheostomy in situ. Miss L also suffers from Cortical Blindness and is unable to verbally communicate. Miss L requires 24-hour care and her main carer is her Mother (Mrs L). Miss L is a lively and social individual who loves the company of others and enjoys conversation around her and listening to music. Allied, in conjunction with the local authority and PCT, recognise that Miss L's Mother is unable to care for Miss L 24-hours per day, and to enable Miss L's Mother to enjoy both respite and also to involve herself in the local community Allied provide Care Workers to ensure that Mrs L has a break for caring for Miss L.

Before introducing carers to Mrs L, it was important we found out what was important to Mrs L so that she could achieve her goals.

Mrs L key priority was to ensure that Allied provided regular Care Workers who understood the care needs of Miss L and that she felt comfortable to leave her daughter in their care. It was important that the Care Workers were able to stimulate Miss L and get to know her likes and dislikes. Allied identified a team of 6 Care Workers that would work regularly with Miss L and also escort her to and from college. Specific training was provided to ensure that the Care Workers were as skilled as Mrs L in providing the care to Miss L.

Allied has now cared for Miss L for 6 months and still has the same team of regular Care Workers that provide respite for Mrs L. Mrs L gained confidence to leave her daughter in the care of the Allied Care Workers and has commended Allied and the team for the work they have done in recognising her needs and providing consistent workers to her daughter.